

Patient Name	Appointment Date	Appointment Time
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INSTRUCTIONS

(Please Read Carefully)

Spirometry and Pulmonary Function Testing: (This test takes about 45 minutes)

- Please hold all inhalers for 48 hours before test date

Methacholine Challenge Testing: (This test takes about one hour)

This test is to determine whether you have asthma. You will be asked to inhale gradually increasing strengths of Methacholine mist. Between each inhalation, breathing tests will be done. You may not have this test if you are pregnant and/or breastfeeding.

In preparation for the test, please note the following about your medications:

- Please hold all inhalers for 48 hours before test date with the exception of Spiriva (tiotropium bromide) and Inspiroto (tiotropium bromide /olodaterol hydrochloride). These medications must be held for 1 week prior to testing.
- Please **TAKE** all your other medications in the usual manner unless you are told not to by the doctor who ordered the test.

IMPORTANT!

*If shortness of breath bothers you when you stop taking your medications,
please begin taking them again in the usual manner
and notify the Respiratory Therapy Department before your appointment.*

Remember:

- If you have any queries about your medications, please do not hesitate to call the Respiratory Therapy Department:

Georgetown: ☎ 905-873-0111 ext. 8289 Milton: ☎ 905-878-2383 ext. 7695 Oakville: ☎ 905-338-4686

- Any patients arriving later than 15 minutes past the scheduled appointment time will have to be re-booked.
- If you are unable to keep your appointment, please notify us 24 hours prior to the test:

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